

# **VISUAL ARTS MATTER**

How Visual Arts Education Helps Students Learn, Achieve and Thrive

Visual arts can be a powerful discipline to support success throughout a student's education, both within and outside of school settings. We experience visual arts each day, whether through our own creativity or everyday objects, such as the design of a cereal box or logo of a favorite sports team. For students, engaging with visual arts might take place during an art class, through a trip to an art museum or by participating in an arts-integrated English class. As students learn to create, respond and connect to their surroundings, experiences with visual arts help them to gain skills that positively impact their school experience. The Arts Education Partnership reviewed multiple research studies identified within ArtsEdSearch — a national clearinghouse of rigorous arts education research — to better understand the role visual arts play in student success. The body of research AEP examined suggests that participating in visual arts can:

Cultivate skills for learning.

Boost students' academic achievement.

Enhance the educational experience of traditionally underserved students.



RIGHT: Abigail Rumpp, L&N STEM Academy, Knoxville, TN

### Visual arts education cultivates skills for learning.

Visual arts education helps students develop critical thinking skills, which in turn lead to a deeper understanding of educational content — both within the arts and in other core subject areas. Visual arts education also fosters creativity in students and increases student engagement in the following ways:



**Encourages student engagement.** Teachers observed that students who participated in visual arts programs at museums or in classrooms tended to have more interest in the arts and engagement in school.<sup>2</sup>

**Fosters creativity.** Researchers found that students who study the arts tend to score higher on creativity measures. Preliminary findings suggest there is a strong relationship between studying visual arts and figural or visual creativity.<sup>3</sup>





## Visual arts education boosts students' academic achievement.

When students engage in visual arts education, they can experience achievement in other facets of their education that they may not have otherwise experienced. Research indicates that visual arts education can impact other areas of achievement in the following ways:

- **Enhances writing quality and early reading skills.** In one study, drawing before writing helped students formulate ideas and led to better quality of writing and storytelling.<sup>4</sup> Researchers also found a correlation between visual arts training and awareness of spoken language in young readers.<sup>5</sup>
- **Contributes to postsecondary success.** Arts students are more likely than their non-arts peers to graduate, attend a postsecondary school and earn a four-year college degree. In college, engagement with visual arts can have a range of positive impacts, from better performance on geometry tasks to increased observational accuracy for medical students.<sup>6</sup>



**Improves test scores.** In one study of fourth-grade students in four Ohio elementary schools, researchers found that students participating in an arts-rich curriculum performed better on proficiency tests in math, science and social studies than students with less access to the arts.<sup>7</sup>

**FAR LEFT:** Savana Olivas, Xavier College Preparatory, Phoenix, AZ **LEFT:** Joanna Zhu, Walton High School, Marietta, GA



# Visual arts education enhances the educational experience of traditionally underserved students.

English learners and students who come from low-income backgrounds experience positive achievement results from participation in visual arts in the following ways:

Helps students acquire English skills. English learners who engage in arts programs at their schools increase their listening, writing and speaking skills.<sup>8</sup> This process occurs through discussing their personal artwork aloud and writing about art.<sup>9</sup>

Increases academic achievement of teenagers from low-income backgrounds. Teenagers from low-income backgrounds who have a high level of engagement with the arts are more likely to complete high school, have a higher GPA and attend college at higher rates than their peers with low arts engagement.<sup>10</sup>

Impacts students positively outside of academics. When students from low-income backgrounds participate in the arts, their civic engagement increases compared with peers who don't engage in the arts. Students with a high level of arts engagement are also more likely to participate in extracurricular activities.<sup>11</sup>

**ABOVE:** Blossom Omeje, Alief Hastings High School, Houston, TX **RIGHT:** Desiree Dobbins, L&N STEM Academy, Knoxville, TN



### **Visual Arts Matter**

The current body of research demonstrates the far-reaching and lasting impact of visual arts education, including increased math scores, language acquisition and many other positive outcomes. By investing in visual arts education from pre-kindergarten through postsecondary education, education leaders, policymakers and practitioners can support student achievement and build a strong foundation for lifelong success.

#### Acknowledgements

The Arts Education Partnership thanks the National Art Education Association, Crayola and the Association of Art Museum Directors for serving as reviewers.

#### **About the Arts Education Partnership**

AEP at Education Commission of the States is a national coalition of more than 100 education, arts, cultural, government, business and philanthropic organizations that was created in 1995 by the National Endowment for the Arts and the U.S. Department of Education. AEP maintains ArtsEdSearch. All studies cited in this brief are vetted by a panel of arts education experts and curated in ArtsEdSearch.

#### **COVER PHOTOS:**

**TOP LEFT:** Ania Johnson, Alexander W. Dreyfoos School of the Arts, West Palm Beach, FL

TOP RIGHT: Olivia Warren, Aurora Christian High School, Aurora, IL

#### ENDNOTES

- Brian Kisida, Daniel H. Bowen, and Jay P. Greene, "Measuring critical thinking: Results from an art museum field trip experiment," *Journal of Research on Educational Effectiveness* 9, no. sup1 (2016): 171-187; and Daniel H. Bowen, Jay P. Greene, and Brian Kisida, "Learning to think critically: A visual art experiment," *Educational Researcher* 43, no. 1 (2014): 37-44.
- Brian Kisida, Jay P. Greene, and Daniel H. Bowen. "Creating cultural consumers: The dynamics of cultural capital acquisition," *Sociology of Education* 87, no. 4 (2014): 281-295.
- Erik Moga et al., "Does studying the arts engender creative thinking? Evidence for near but not far transfer." *Journal of Aesthetic Education*, no. 3/4 (2000): 91-104.
- Blaine H. Moore and Helen Caldwell, "Drama and drawing for narrative writing in primary grades," *The Journal of Educational Research* 87, no. 2 (1993): 100-110.
- Brian Wandell et al., "Training in the Arts, Reading, and Brain Imaging," in *Learning, Arts, and the Brain*, ed. Carolyn Asbury and Barbara Rich (New York: Dana Press, 2008), 51.

**BOTTOM LEFT:** Emily Desmarais, Fairhaven High School, Fairhaven, MA **BOTTOM RIGHT:** Maria Acosta, Lac Courte Oreilles Ojibwe School, Hayward, WI

- Elizabeth Spelke, "Effects of Music Instruction on Developing Cognitive Systems at the Foundations of Mathematics and Science," in *Learning, Arts, and the Brain* (New York: Dana Press, 2008), 17.
- D. W. Kinney and J. L. Forsythe, "The effects of the arts IMPACT curriculum upon student performance on the Ohio fourth-grade proficiency test," *Bulletin of the Council for Research in Music Education*, no. 164 (2005): 35-48.
  Dorothy Valcarcel Craig and Johnna Paraiso, "Dual Diaspora and Barrio Art: Art as an Avenue
- for Learning English," Journal for Learning through the Arts 4, no. 1 (2008): 6.
- James S. Catterall and Kylie A. Peppler, "Learning in the visual arts and the worldviews of young children," *Cambridge Journal of Education* 37, no. 4 (2007): 543-560.
- James S. Catterall, The Arts and Achievement in At-Risk Youth: Findings from Four Longitudinal Studies, Research Report #55, (Washington, DC: National Endowment for the Arts, 2012).

Artwork featured in this document is provided by the National Art Education Association and created by student members of the National Art Honor Society.

700 Broadway, Suite 810 Denver, CO 80203 | aep-arts.org | ©Arts Education Partnership,

Visual Arts Matter: How Visual Arts Education Helps Students Learn, Achieve and Thrive, Denver, CO. March 2019.

<sup>11.</sup> Ibid.